

# DOUBLE NAPPY SYSTEM FOR SWIMMING

## 1. Disposable swim nappy



## 2. Neoprene swim nappy



**Wear both layers together.**



### WHAT IS A DOUBLE NAPPY SYSTEM?

A disposable swim nappy worn underneath a snug-fitting neoprene swim nappy (sometimes called a Happy Nappy). The outer layer provides extra protection to help contain faecal matter.



### WHY TWO LAYERS?

To help prevent faecal matter entering the water, protect swimmers and reduce the risk of pool closures and cancelled lessons.



### CHECK THE FIT

The neoprene nappy must fit snugly around the tummy and tops of the legs.



### IF YOUR CHILD SOILS THEIR NAPPY

Leave the pool immediately and let the teacher know. Change and clean your child before returning to the pool, following the teacher's instructions.



### TAKE USED NAPPIES HOME

Please take all used nappies home. We do not have facilities to dispose of them.



### FORGOTTEN A NAPPY?

We do not keep disposable or neoprene swim nappies in stock. Both layers are required to enter the pool.



### BRING A SPARE

Pack a spare disposable swim nappy in case your child needs changing.



### WHERE TO BUY

Neoprene swim nappies are available online from brands such as Splash About and Konfidence.